The Ostomy support groups are volunteer organizations composed of people with ostomies. The purpose is to offer mutual aid and moral support from people with an ostomy. At regular monthly meetings, open to anyone who is interested, members exchange practical experiences about their ostomies, see ostomy equipment displayed and listen to knowledgeable speakers. Most local chapter meeting times, locations and presidents are listed. Contact the presidents for additional information.

**Southwest Suburban Chicago Ostomy Support Group**
3rd Monday, 7:30 PM
Little Company of Mary Hospitals
2800 W. 95th St. Evergreen Park, IL
Edna Wooding, 708-423-5641

**Ostomy Support Group of DuPage County**
4th Wednesday, 7:00 PM
Central DuPage Hospital
25 N. Winfield Rd.
Winfield, IL
Bret Cromer, 630-499-9528

**Ostomy Association of Greater Chicago**
4th Wednesday, 7:30 PM
Lutheran General Hospital
1775 Dempster
Park Ridge, IL
Judy Svoboda 847-942-3809

**Lake County Ostomy Association**
Every other month (starts in January)
Hollister, Inc
East side of Milwaukee Avenue,
West of Route 60, North of
Vernon Hills Mall
Barbara Canter 847-394-1586

**Northwest Indiana Ostomy Group**
4th Thursday of the month, 6:30 PM
(Do not meet Nov, Dec)
Porter Hospital Valparaiso Campus
Guild Room
814 LaPorte Avenue
Valparaiso, IN
Michele Kaplon-Jones 219-406-0019
Sarah Grcich 219-309-5939

12/2014